

### What we discussed in Lecture #1

- Basic components of the pacemaker
  - Pulse generator
  - Leads
- Basic pacemaker-related physiology
  - Electricity/Batteries
  - Action Potential

### Lecture #2

- Pacemaker capture
  - Capture fundamentals
  - Determination of capture thresholds
- Pacemaker sensing
  - Sensing fundamentals
  - Determination of P-wave and R-wave Amplitudes

### Myocardial Stimulation Capture Requirements

- Four Components of Adequate Stimulus
  - Intact source of electrical pulse (Pulse Gen)
     Conductor between source and stimulating
  - electrode (Lead Conductor)3. Electrode for focused delivery of the pulse to the myocardium (Pacer Electrode)
  - 4. Area of excitable myocardium

### Concept #1: Stimulus Density



# Concept #2: Pacing Output is described in Amplitude and Duration







### Key Term: Rheobase

- Rhe = current
- Base = bottom
- The lowest capture threshold (amplitude) possible with a very long pulse width

### Key Term: Chronaxie

- Chron = time
- The pulse wave duration required for capture using amplitude of 2 X the Rheobase amplitude





### Clinical Use of the Rheobase and Chronaxie

• At implant, the programmer will often set the pacing amplitude at 2 X the Chronaxie amplitude at the Chronaxie PWD

### Concept #3

• Pacing can be Bipolar or Unipolar













- One can unipolar pace with a bipolar electrode
  - Use one of the two electrodes on the lead as one limb of the circuit and use the pulse generator as the other limb









### Pacemaker Capture Summary

- Pacing capture depends on sufficient amplitude delivered through a bipolar or unipolar electrode for a sufficient duration
- The amplitude and duration should be set to minimize battery depletion while ensuring an adequate margin of safety

### **Threshold Capture Testing**

- Done automatically by the pacemaker
- Done manually by a programmer at scheduled intervals and whenever anything happens that could affect the pacemaker integrity
  - Cardiac surgery
  - High intensity EMI









# Testing Capture Threshold in Cardiac OR

- Set Pacer Rate in VVI mode at rate 10 bpm higher than intrinsic rate
- Start with Amplitude at 10-25 mA
- Confirm Pacemaker capture
- Decrease the Amplitude slowly until Pacer capture fails:
  - Pacer spike appears without a paced QRS
  - Intrinsic (non-paced) QRS appears

# Testing Capture Threshold in Cardiac OR

 If the pacer captures at 5 mV, but not at 4 mV, the capture threshold is 5 mV

### Ventricular Capture Test in OR

- Set Pacer to rate 10 above intrinsic rate in VVI mode
   Start with 10-25 mV and confirm
- capture 3. Decrease the output until capture fails







### **Atrial Capture Threshold**

- Essentially the same as Ventricular testing
- Progressive decrease in Atrial paced amplitude until loss of atrial capture occurs
  - Atrial pacer spike not followed by atrial depolarization (P-wave)
  - QRS rate falls to intrinsic rate



### Atrial Capture Test in Cardiac OR

- Set Pacer to AOO or AAI at a rate 10 bpm greater than the intrinsic rate
- Start at maximum atrial output (20 mA)
- Decrease the output until pacer does not capture the atrium
  - Lose the P-wave
  - QRS rate falls back to intrinsic rate







### Note Where the Atrial Capture **Test Ends**



- Notice the paced spikes associated with relatively flat P-waves
  At the arrow the pacer spike is no longer tracked by the QRS
  The arrow head defines the native P-wave
  Multiple non-capturing atrial pacing spikes follow
  Since the pacer stopped capturing at 3.5 mA, the threshold is 4 mA

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### Does the Capture Threshold Change after Implantation?



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	Increase threshold	Decrease threshold
Antianhythmic drugs	Class I Quinidine Procainamide Flecalnide Propafenone	
Other drugs Metabolic conditions	Hyperkalensa Hyperkalensa Hyperkalensa Hypercarbia Metabolic acidosis Metabolic akidosis	Catecholamines Suprotemnol Corticosteroids
Activity/other conditions	Sleeping Eating Viral illness Vagal tone	Exercise Sympathetic tone









### **Pacemaker Sensing**

- The pacemaker uses the pacemaker lead electrode(s) to monitor the intrinsic electrical activity of the heart.
- Sensing essentially describes how well the electrode(s) detect the intrinsic atrial Pwaves or ventricular R-waves

### **Electrograms**

- Electrogram—graphic display of the potential difference between two points in space over time
  - EKG
    - Recorded from electrodes on the skin many cms from the heart
    - Records the depolariz. and repolariz. of entire heart
  - Ventricular Electrogram
    - Recorded from a distinct area in the RV
    - Begins after the EKG signal since EKG detects atrial and proximal ventricular depolarization before the wavefront of depolarization gets to the pacer electrodes

### **Endocardial Electrogram**



- 1. The normal heart depolarization begins at the superior aspect of the ventricular septum (green
- arrow) This is near the AV node
- Depolarization goes toward the apex of the septum then into the RV and LV free walls The normal conduction moves
- rapidly through specialized conduction cells giving rise to a relatively narrow QRS on an EKG

Ellenbogen, Clinical Cardiac Pacing, Defib, and Resync. 4th ed p.57

### **Endocardial Electrogram**

- Now consider the pacer lead
   The depolarization wavefront descends along septum toward the electrode in the apex
   Initial positive deflection in the EGM seen at time 1
- 4. Wavefront passes close to tip electrode at time 2 giving rise to the negative deflection of the EGM
- Wavefront moves away from electrode along RV free wall leading to the final phase of the electrogram at time 3

Ellenbogen, Clinical Cardiac Pacing, Defib, and Resync. 4th ed p.57

## **Endocardial Electrogram**



- 1. The EKG QRS begins when the ventricular depolarization is at the green arrow-near the AV node
- The pacer electrode does not sense the depolarization until the depolarization wavefront reaches
- Thus there is a delay between when the EKG inscribes the QRS and when the ventricular electrogram inscribes the QRS

Ellenbogen, Clinical Cardiac Pacing, Defib, and Resync. 4th ed p.57



### Sensing Terminology

- Intrinsic deflection • The largest and steepest deflection of the local electrogram
- Amplitude
  - Peak to peak amplitude of the intrinsic deflection in mV AEGM 1.5-6 mV VEGM 5-30 mV
- Slew Rate
  - Maximum rate of change of voltage of the intrinsic deflection in volts per second
     AEGM 1-2 V/sec VEGM 2-3 V/sec

Sensing Terminology voltage V in millivolt deflection (ID) timp 1 -----SLEW RATE or SLOPE of IO 475mm Barold, Cardiac Pacemakers and Resynch., p. 60



### **Pacemaker Sensing**

- The pacemaker sensing electrodes can be "unipolar" or bipolar
  - Unipolar
    - One electrode on the heart
    - Other electrode is the pulse generator
  - Bipolar
    - Both electrodes are in the heart—one distal and the other approximately 2 cm more proximal

### **Unipolar Electrode Sensing**







### **Pacemaker Sensing**

• The pacemaker detects the intracardiac depolarization signal—then the pacer modifies/filters that signal prior to comparing the modified signal to a threshold level (a.k.a. "Sensitivity") which is set by the programmer

### **Sensing Sequence**

- Raw signal passes from lead to connector into the hermitically sealed can •
- Passes through high frequency filter and high-voltage protection circuity
- Enters the sensing amplifier for signal amplification
- Enters the band pass filter to reduce the T-waves, myopotentials and EMI (filtering) Signal is then rectified to nullify effects of signal polarity This final signal is compared with the sensing-threshold voltage.
- If the processed signal exceeds the sensing threshold voltage, a sensed event is declared to the timing circuits indicated by a marker pulse on the programmer marker channel









Pacemaker Electrogram



### Signal Amplitude vs Sensitivity

- Amplitude=the actual size of the signal in mV
- Sensitivity=the adjustable level or setting in (mV) above which the intracardiac signal is recognized as an intracardiac event
  - A threshold level set by the programmer

### Confusing Terminology?

Battery Voltage		Lead Impedance		
(ERI=2.81 V on 19-Feb-2014 11-Jun-2014 02:15:01 Voltage 2.	81 V EOL	11-Jun-2014 09 09:22 A. Pacing RV Pacing	568 ohms 536 ohms	
Sensing Integrity Counter		Sensing		
(if >300 counts, check for ser Since 10-Jun-2014 11:53:15 Short V-V Intervals ( Atrial Lead Position C	nsing issues) 0 beck	11-Jun-2014 05 32 41 P-Wave Amplitude R-Wave Amplitude	A.B.mV 5.5 mV	

### Amplitude vs Sensitivity

Device	Medtronic	EnRhythm P1501DR	PNP460482H	
Device S	tatus			Measured on:
Battery Volt	age (ERI=2.81 V o	n 19-Feb-2014)	2.81 V EOL	11-Jun-2014
Lead Imped	lance d Amplitude/Pulse	S68 ohms Width	536 ohms 2.5 V / 0.4 ms	11-Jun-2014
Measured P Programme	NR Wave d Sensitivity	4.8 mV	5.5 mV 2.1 mV	11-Jun-2014

Institution N Pacer C Model 1280 Serial	linic Mass General Program 528860 2891 So
Brady Parameters	
Mode	DDD
Lower Rate Limit Max Tracking Rate Max Sensor Rate	40 120
ATRIAL Pulse Width Amplitude Sensitivity	0.40 2.0 0.50
VENTRICULAR Pulse Width Amplitude Seprituuty	0.50





### Ventricular Undersensing



Barold SS, Cardiac Pacemakers and Resynch. P.49

### Does one Test the Sensitivity Threshold?

- Indirectly
- One determines the amplitude of the cardiac signal by progressively decreasing the sensitivity (raising the threshold level) until the signal is no longer sensed
- The sensitivity is then set accordingly (or the lead is repositioned) to ensure an adequate safety margin without too much risk of detecting unwanted signals







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### Sensing Threshold Example in the Cardiac OR

- Patient must have an acceptable underlying ventricular rhythm to determine R-wave amp.
- Set the pacer to a rate 10-15 bpm BELOW intrinsic rhythm
  - Patient rate 40
  - Set VVI to 30
- · Gradually decrease the sensitivity (increase the threshold number) until the pacer starts to pace

### Ventricular Sensing Threshold in the OR

- Start with the pacer in a VVI mode
   The default setting for vent sensitivity is 2.0 mV
   This is a very sensitive setting so the pacer will easily sense the intrinsic R-waves
- 4. The EKG will demonstrate spontaneous QRS complexes without any pacing









### **Closer Analysis**

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- Because the pacer does not sense the intrinsic QRS, it V-paces again
- Because it does so in the ABSOLUTE refractory period, there is no pacer capture

### **Closer Analysis**



 The third V-pace spike occurs in the RELATIVE refractory period again giving rise to another V-paced beat

### Recap the Key Concept

- When the threshold is increased above the level of the intrinsic R-wave, the pacer no longer senses that R-wave.
- The pacer signifies this loss of sensing, by Vpacing at the set rate (of 30 in this case)
- The pacing looks inappropriate and could theoretically be dangerous
- The R-wave amplitude can be assumed to approximate the threshold setting where sensing last occurred—in this case 18 mV

### **Clinical Testing**

- If one were doing this test with a programmer, the test would stop after the first un-sensed intrinsic QRS for safety
- Since the intrinsic QRS was not sensed when the setting was adjusted to 20 mV, the R-wave amplitude is said to approximate the last setting in which the QRS was sensed—at 18 mV

### **Clinical Situation**

- Thus the R-wave amplitude as sensed by the epicardial electrodes with our temporary pacemaker was approximately 18 mV.
- The baseline ventricular SENSITIVITY setting for a pacemaker (when we turn it on) is 2.0 mV
- This represents a 9-fold safety margin

### Example of P-Wave Amplitude Testing in the Cardiac OR

- Patient has intrinsic atrial rhythm at 68
- Pacer in AAI mode with sensitivity at .5mV
- Pacer rate set BELOW intrinsic at 50
  - As long as the pacer senses the intrinsic Pwave the pacer will inhibit pacer output
  - When the pacer no longer senses the Pwave, because the sensing threshold is increased too high, the pacer will pace, seemingly inappropriately

### Example in the Cardiac OR

- Patient has intrinsic atrial rhythm at 68
- Pacer in AAI mode with sensitivity at .5mV at a rate of 50

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• A-sense and V-sense



## What do we see here?

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- First A-pace captures the atrium
- Second A-pace coincides with QRS—thus the atrium is refractory and no atrial capture occurs
- Third A-pace occurs in the ST segment, captures the atrium and a QRS follows—it looks like a PAC
- Fourth A-pace fires within an intrinsic P-wave

### How to Measure P-wave Amplitude



- 1. Turn on pacer
- 2. Turn off V output
- Assumes AAI mode
   Adjust rate to below the
- intrinsic rate
- 5. Atrial output can be set between 5-10 mA
- 6. Press MENU button

### How to Measure P-wave Amplitude

7. Note tha is set at 8. Decreas (by turni clockwis increase voltage t



 Decrease the sensitivity (by turning knob counter clockwise) which increases the threshold voltage until you see atrial pacing spikes appear





### **Clinical Situation**

- If we were doing this with a programmer, the Amplitude (or Sensitivity) test would have stopped after the first non-sensed intrinsic Pwave
- The P-wave amplitude as detected by the epicardial atrial electrodes in the OR is 1.6 mV
- The sensitivity set on the pacer defaults to 0.5 mV
- Thus there is a 3-fold safety margin

### A Look Ahead: Blanking Periods and Refractory Periods

- The sense amplifier in the same chamber is turned off ("blanked") for a short <u>blanking period</u> to prevent double counting
- A "refractory period" follows the blanking period—the sense amplifier remains enabled but sensed events in this refractory period do not alter the pacemaker timing cycles...these signals can be sensed for tachy detection algorithms however

BP Ref. Per. Sensors active

time

### Lecture #2 Summary

- Pacing requires a pulse of sufficient amplitude and sufficient duration to capture the myocardium
- A Strength-Duration curve can be constructed using different combinations of amplitude and duration
- The lowest amplitude corresponds to the longest pulse wave duration and is called the Rheobase
- The duration associated with amplitude of 2 X the Rheobase is the Chronaxie
- Typically the best combination to conserve energy is to use the Amplitude and PWD of the chronaxie

### Lecture #2 Summary

• Pacing can be unipolar or bipolar

Sensed pacer spike or intrinsic QRS

- Bipolar pacing EKG artifact is smaller than that of unipolar
- To determine capture threshold set the pacer in a VVI mode at a rate approx 10 bpm above the intrinsic rate, then decrease the amplitude until the pacer stops capturing

### Lecture #2 Summary

- A pacer senses intrinsic myocardial depolarization of sufficient amplitude and slew rate
- Slew rate is dV/dT
- Sensing, like pacing, can be unipolar or bipolar
- Unipolar pacing is more sensitive to EMI

### Lecture #2 Summary

- The intracardiac electrogram describes what the pacemaker is sensing in the atrium or ventricle
- Amplitude is the size of sensed R-wave or P-wave
- Sensitivity is the adjustable threshold that determines which intracardiac signals are actually recognized by the pacer

### Lecture #2 Summary

- A high sensitivity has a low threshold
- A low sensitivity has a high threshold
- The sensitivity threshold is set low enough to detect intrinsic R- and P-waves, but high enough to discard T-waves or noise
- To determine the amplitude of an R-wave or P-wave, set the pacing rate 10-20 bpm below the intrinsic rate, then gradually increase the threshold until pacing occurs

